



MIDLAKES HEALTH OFFICES  
1490 Route 488  
Clifton Springs, NY 14432

Dear Parents/Guardians,

As of July 1, 2018, New York State law requires a health examination for all students **entering the school district for the first time and when entering Pre-K or K, 1<sup>st</sup>, 3<sup>rd</sup>, 5<sup>th</sup>, 7<sup>th</sup>, 9<sup>th</sup>, and 11<sup>th</sup> grade.**

The examination must be completed by a New York State licensed physician, physician assistant or nurse practitioner and on the approved NYSED Student Health Examination Form for School.

*We strongly recommend that you have this done by your primary care provider. At this time due to the COVID-19 pandemic, physicals will not be done at the school. For required school physicals, we will allow you more time to obtain a health examination by your private primary care provider. Please inform us if this proves to be impossible, and we will work with you on a case by case basis.*

*Student athletes participating in the Fall 2020 season will be allowed to use a physical conducted in the 2018-2019 or 2019-2020 school years. Athletes participating in Winter 2020-21 or Spring 2021 should plan to obtain required health examinations with your physician prior to participation. All sports physical questions should be directed to the MS/HS nurse.*

A dental certificate which states your child has been seen by a dentist or dental hygienist is also asked for at the same time. The school will provide you with a list of dentists and registered dental hygienists who offer dental services on a free or reduced cost basis if you ask for it.

- A copy of the health examination, completed within the past 12 months, must be provided to the school within 30 days from when your child first starts at the school.
- If your child has an appointment for an exam during this school year that is after the first 30 days of school, please notify the Health Office with the provider's office name and date.
- For your convenience, a physical exam form and dental certificate for your health care providers can be provided.
- Communication between private and school health staff is important for safe and effective care at school. Your healthcare provider may not share health information with school health staff without your signed permission. We suggest you make copies of the completed forms for your own records before sending them to the school health office. Forms may also be faxed to the number below.

Thank you if you have already provided your child's physical, you do not need to do anything further at this time.

Sincerely,

Midlakes School Nurses

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