



Midlakes Intermediate/Primary menu

2019

Mon.	Tue.	Wed.	Thu.	Fri.
<p>Thank you to all our professional support staff for all their endless dedication, caring and support for our Students</p> <p>Food service</p> <p>Nurses</p> <p>Transportation</p> <p>Maintenance</p> <p>Secretaries and Aides</p>	<p><u>Offered Daily</u> <u>Breakfast \$1.50</u> Asst. WG Cereal 4 oz. yogurt</p> <p><u>Lunch \$2.60</u> Offered Daily: Fruit variety Fresh Veggies Toss garden salad Milk variety Menu subject to change</p>	<p><u>Breakfast</u> 1 Fruit frudel <u>Lunch</u> Build a Burger /WG roll Turkey sandwich Steamed carrots Baked beans Dill Pickles Fresh veggies Toss garden salad Fruit variety/ Milk choice</p>	<p><u>Breakfast</u> 2 <u>Cinna bun</u> <u>Lunch</u> Baked Chicken drumstick Mashed potatoes/gravy Bologna sandwich Wheat dinner roll Fresh veggies Toss garden salad Fruit variety Milk choice</p>	<p><u>Breakfast</u> 3 Breakfast sandwich <u>Lunch</u> Screaming Eagle Pizza Stuffed Crust Pizza Crunchy fish sandwich Steamed Green Beans Creamy coleslaw Fresh veggies Toss garden salad Fruit variety/ Milk variety</p>
<p><u>Breakfast</u> 6 WG Pop tart <u>Lunch</u> Popcorn Chicken Wheat dinner roll Tuna sandwich Steamed peas Fresh veggies Toss garden salad Fruit variety Milk choice</p>	<p><u>Breakfast</u> 7 Apple bread stick <u>Lunch</u> WG Mini Pancakes Ham sandwich Sausage patty Hash brown patty Fresh veggies Toss garden salad 100% juice Fruit variety/ Milk choice</p>	<p><u>Breakfast</u> 8 WG pancake <u>Lunch</u> Spaghetti w/ meat sauce Garlic bread stick Turkey sandwich Steamed California blend Fresh veggies Toss garden salad Fruit variety /Milk choice</p>	<p><u>Breakfast</u> 9 Cinna Bun <u>Lunch</u> Taco Bar w/topping Bologna sandwich Seasoned rice Steamed mix vegetables Fresh veggies Toss garden salad Fruit variety /Milk choice</p>	<p><u>Breakfast</u> 10 Breakfast sandwich <u>Lunch</u> Screaming Eagle Pizza Shrimp poppers Chick pea salad Steamed broccoli Fresh veggies Toss garden salad Fruit variety/ Milk variety</p>
<p><u>Breakfast</u> 13 Blueberry WG Muffin top <u>Lunch</u> Chicken Nuggets Wheat dinner roll Tuna sandwich Steamed carrots Fresh veggies Toss garden salad Fruit variety/ Milk choice</p>	<p><u>Breakfast</u> 14 Scrambled egg bowl <u>Lunch</u> Hot Dog/WG Bun Ham sandwich Baked beans Fresh veggies Toss garden salad Fruit variety/ 100% juice Milk choice</p>	<p><u>Breakfast</u> 15 WG Mini waffle <u>Lunch</u> Deli Bar w/ toppings Tomato soup Baked chips Pickles Fresh veggies Toss garden salad Fruit variety /Milk choice</p>	<p><u>Breakfast</u> 16 Cinna Bun <u>Lunch</u> Mozzarella Stick w/sauce Bologna sandwich Wheat dinner roll Steamed peas Garlic noodles Fresh veggies Toss garden salad Fruit variety/ Milk choice</p>	<p><u>Breakfast</u> 17 Breakfast sandwich <u>Lunch</u> Screaming Eagle Pizza Fiesta Pizza Crunchy fish sandwich Steamed Green Beans Creamy coleslaw Fresh veggies Toss garden salad Fruit variety/ Milk variety</p>
<p><u>Breakfast</u> 20 Bagel/ cr. cheese <u>Lunch</u> Chicken Patty/Wheat Roll Tuna sandwich Steamed California blend Fresh veggies Toss garden salad Fruit variety Milk choice</p>	<p><u>Breakfast</u> 21 Fruit Frudel <u>Lunch</u> Grilled Cheese Ham sandwich Tomato soup WG Goldfish cracker Fresh veggies Toss garden salad Fruit variety/ Milk choice</p>	<p><u>Breakfast</u> 22 Breakfast pizza <u>Lunch</u> WG Corn Dog w/ sauce Turkey sandwich Baked beans Fresh veggies Toss garden salad Fruit variety Milk choice</p>	<p><u>Breakfast</u> 23 Cinna bun <u>Lunch</u> WG French toast sticks Bologna sandwich Sausage patty Hash brown patty Fresh veggies Toss garden salad 100% juice Fruit variety/ Milk choice</p>	<p><u>Breakfast</u> 24 Breakfast sandwich <u>Lunch</u> Screaming Eagle Pizza Stuffed Crust Pizza Shrimp poppers Chick pea salad Steamed broccoli Fresh veggies Toss garden salad Fruit variety/ Milk variety</p>
<p>27 No school today Memorial day Holiday</p>	<p><u>Breakfast</u> 28 Chocolate chip WG Muffin <u>Lunch</u> Chicken Tenders Wheat dinner roll Tuna sandwich Steamed corn Fresh veggies Toss garden salad Fruit variety/ 100% juice</p>	<p><u>Breakfast</u> 29 WG Pancake wrap <u>Lunch</u> Build a Burger /WG roll Turkey sandwich Oven baked fries Baked beans Dill Pickles Fresh veggies Toss garden salad</p>	<p><u>Breakfast</u> 30 Cinna Bun <u>Lunch</u> Mac and Cheese Soft baked pretzel Bologna sandwich Steamed broccoli Fresh veggies Toss garden salad Fruit variety/ Milk choice</p>	<p><u>Breakfast</u> 31 Breakfast sandwich <u>Lunch</u> Screaming Eagle Pizza Crunchy fish sandwich Steamed green beans Creamy coleslaw Fresh veggies Toss garden salad Fruit variety /Milk variety</p>

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	Milk choice	Fruit variety/ Milk choice		